

CVIA SERVICE CORNER

**Contributions to our Area accepted by
e-transfer: treasurer@cvana.ca**

Area Meetings Below Are Held:
850 Third Street, Nanaimo, BC

GSR: Group Service Representative
2nd Sunday each month @ 9:30am

ASC: Area Service Committee
2nd Sunday each month @ 10am

Public Relations :
publicrelations@cviana.ca

Carry the Message Meetings:
Detox: (6 months clean)
Treatment Centre: (6 months clean)
Jails: (requires clearance)
Phone Line: (2 years clean)
Schools: (1 year clean)

Literature Orders: literature@cviana.ca

Newsletter Submissions:
newsletter@cvana.ca

Changes to the meeting list?
Email meetinglist@cviana.ca

Website Updates:
communications@cvana.ca

NA Language

NA Members = Recovering Addicts
Abstinence = Clean
Tags and Anniversaries = Clean time
Start using again = Relapse
Clean time + NA basics = Recovery

Get Clean & Stay Clean! *The NA Way!*

If you're willing to be a sponsor please put a check mark by your name.

[illegible]

Central Vancouver Island Area
Chemainus, Ladysmith, Nanaimo,
Parksville, Qualicum Beach,
Port Alberni, Ucluelet,
Gabriola Island
www.cviana.ca



Narcotics Anonymous

www.na.org

JANUARY

2026

MEETING LIST

HELP LINE
1.800.494.2404

JUST FOR TODAY:
You never have to use again!

NANAIMO

MONDAY & THURS, NOONER

Save Our Serenity
2174 Departure Bay Rd
* **Wheelchair Accessible**

MONDAY @ 730PM

Never Alone
850 Third Street
***Wheelchair Accessible**

TUES, WED, FRI, NOONER

No Matter What
596 Albert Street

TUESDAY @ 7PM

Just Do It!
2174 Departure Bay Rd
***Wheelchair Accessible**

TUESDAY @ 7PM

Reach Out And Recover
Womxn's Meeting (non-men only)
596 Albert Street

WEDNESDAY @ 7PM

Red Road to Recovery
669 Centre Street
(In the Portable)

WEDNESDAY @ 7PM

We Can Wednesday
2174 Departure Bay Road
***Wheelchair Accessible**

THURSDAY @ 7PM

Time to Shine
315 Fitzwilliam Street - ***Wheelchair Accessible**
***Pet Friendly – On leash or in Carrier**

FRIDAY @ 6:30PM

Living Out Loud
Open LGBTQIA2S+ Meeting
596 Albert Street

FRIDAY @ 7:30PM

Freedom Friday
850 Third Street - ***Wheelchair Accessible**

NANAIMO

SATURDAY @ 815 – 930AM

Power Of Our Literature
Women's Literature Meeting
596 Albert Street

SATURDAY @ 7:30PM

Steps to Serenity
2174 Departure Bay Rd
***Wheelchair Accessible**

SATURDAY, SUNDAY NOONER

Just for Today
596 Albert Street

SUNDAY @ 8AM

Men's Step Study
#206 – 321 Wallace Street

SUNDAY @ 7 PM – 815PM

New Beginnings
596 Albert Street

CHEMAINUS

TUESDAY @ 7PM

Responsible Choice
9814 Willow Street (church, side door)
***Wheelchair accessible**

LADYSMITH

SUNDAY @ 7PM

Steps & Traditions
1149 Fourth Street (church)
***Wheelchair Accessible**

THURSDAY @ 7-8 PM

Living Clean
4962 Christie Road (Community Hall)

GABRIOLA ISLAND

MONDAY @7PM

My Sponsor Said So
Rotating Format
775 Church Street

QUALICUM BEACH

WEDNESDAY @ 6 PM

Welcome Home Wednesday
138 Hoylake Road W

SATURDAY @ 6 PM

Bugaboo Meeting
600 Beach Road
***Wheelchair Accessible**

PARKSVILLE

MONDAY @ 7:30 PM

Alive & Well
1420 Alberni Highway (church)

TUESDAY @ 7 PM – 815PM

Lost & Found
186 Shelly Road
Wheelchair Accessible

THURSDAY @ 7 PM

Seaside Serenity
186 Shelly Road
***Wheelchair Accessible**

PORT ALBERNI

MONDAYS, WEDNESDAYS, FRIDAYS @ 7PM

Visions of Hope
3028 2nd Avenue (club)
***Wheelchair Accessible**
* **Pet Friendly (Fridays only)**

SATURDAY @ 730 PM – 9PM

Surrender or Suffer (S.OS.)
3028 2nd Avenue (club)
***Wheelchair Accessible**

UCLUELET

TUESDAY, FRIDAY @ 8PM

Safe Harbour
1663 Peninsula Road, Ucluelet
Church Basement