

## CVIA SERVICE CORNER

**Contributions to our Area accepted by  
e-transfer: treasurer@cviana.ca**

**Area Meetings Below Are Held:  
*850 Third Street, Nanaimo, BC***

## **GSR: Group Service Representative**

**ASC: Area Service Committee**  
**2<sup>nd</sup> Sunday each month @ 10am**

**Public Relations :**  
**publicrelations@cviana.ca**

**Carry the Message Meetings:  
Detox: (6 months clean)  
Treatment Centre: (6 months clean)  
Jails: (requires clearance)  
Phone Line: (2 years clean)  
Schools: (1 year clean)**

Literature Orders: [literature@cviana.ca](mailto:literature@cviana.ca)

## Newsletter Submissions:

## Changes to the meeting list? Email [meetinglist@cviana.ca](mailto:meetinglist@cviana.ca)

## Website Updates: [communications@cviana.ca](mailto:communications@cviana.ca)

## NA Language

## NA Members = Recovering Addicts

## AA Members Rec.

Tags and Anniversaries = Clean time

Start using again = Relapse

Start using again – Relapse  
Clean time + NA basics = Recovery

## Get Clean & Stay Clean!

## ***The NA Way!***

If you're willing to be a sponsor please put a check mark by your name.

**Central Vancouver Island Area**  
*Chemainus, Ladysmith, Nanaimo,  
Parksville, Qualicum Beach,  
Port Alberni, Ucluelet,  
Gabriola Island*



## **Narcotics Anonymous**

[www.na.org](http://www.na.org)

## JANUARY

2026

## MEETING LIST

## HELP LINE

**1.800.494.2404**

## JUST FOR TODAY:

*You never have to use again!*

## **NANAIMO**

### **MONDAY & THURS, NOONER**

Save Our Serenity  
2174 Departure Bay Rd  
\* Wheelchair Accessible

### **MONDAY @ 730PM**

Never Alone  
850 Third Street  
\*Wheelchair Accessible

### **TUES, WED, FRI, NOONER**

No Matter What  
596 Albert Street

### **TUESDAY @ 7PM**

Just Do It!  
2174 Departure Bay Rd  
\*Wheelchair Accessible

### **TUESDAY @ 7PM**

Reach Out And Recover  
Womxn's Meeting (non-men only)  
596 Albert Street

### **WEDNESDAY @ 7PM**

Red Road to Recovery  
669 Centre Street  
(In the Portable)

### **WEDNESDAY @ 7PM**

We Can Wednesday  
2174 Departure Bay Road  
\*Wheelchair Accessible

### **THURSDAY @ 7PM**

Time to Shine  
315 Fitzwilliam Street - \*Wheelchair Accessible  
\*Pet Friendly – On leash or in Carrier

### **FRIDAY @ 6:30PM**

Living Out Loud  
Open LGBTQIA2S+ Meeting  
596 Albert Street

### **FRIDAY @ 7:30PM**

Freedom Friday  
850 Third Street - \*Wheelchair Accessible

## **NANAIMO**

### **SATURDAY @ 815 – 930AM**

Power Of Our Literature  
Women's Literature Meeting  
596 Albert Street

### **SATURDAY @ 7:30PM**

Steps to Serenity  
2174 Departure Bay Rd  
\*Wheelchair Accessible

### **SATURDAY, SUNDAY NOONER**

Just for Today  
596 Albert Street

### **SUNDAY @ 8AM**

Men's Step Study  
#206 – 321 Wallace Street

### **SUNDAY @ 7 PM – 815PM**

New Beginnings  
596 Albert Street

## **CHEMAINUS**

### **TUESDAY @ 7PM**

Responsible Choice  
9814 Willow Street (church, side door)  
\*Wheelchair accessible

## **LADYSMITH**

### **SUNDAY @ 7PM**

Steps & Traditions  
1149 Fourth Street (church)  
\*Wheelchair Accessible

### **THURSDAY @ 7-8 PM**

Living Clean  
4962 Christie Road (Community Hall)

## **GABRIOLA ISLAND**

### **MONDAY @7PM**

My Sponsor Said So  
Rotating Format  
775 Church Street

## **QUALICUM BEACH**

### **WEDNESDAY @ 6 PM**

Welcome Home Wednesday  
138 Hoylake Road W

### **SATURDAY @ 6 PM**

Bugaboo Meeting  
600 Beach Road  
\*Wheelchair Accessible

## **PARKSVILLE**

### **MONDAY @ 7:30 PM**

Alive & Well  
1420 Alberni Highway (church)

### **TUESDAY @ 7 PM – 815PM**

Lost & Found  
186 Shelly Road  
Wheelchair Accessible

### **THURSDAY @ 7 PM**

Seaside Serenity  
186 Shelly Road  
\*Wheelchair Accessible

## **PORT ALBERNI**

### **MONDAYS, WEDNESDAYS, FRIDAYS @ 7PM**

Visions of Hope  
3028 2<sup>nd</sup> Avenue (club)  
\*Wheelchair Accessible  
\* Pet Friendly (Fridays only)

### **SATURDAY @ 730 PM – 9PM**

Surrender or Suffer (S.O.S.)  
3028 2<sup>nd</sup> Avenue (club)  
\*Wheelchair Accessible

## **UCLUELET**

### **TUESDAY, FRIDAY @ 8PM**

Safe Harbour  
1663 Peninsula Road, Ucluelet  
Church Basement