



Central Vancouver Island Area of  
Narcotics Anonymous

# *The Narrative*

**June 2026 Issue #85**

*( next printing will be July 12, 2026 )*



*photo from the west coast of the Island*

**Chemainus, Gabriola Island, Ladysmith, Nanaimo,  
Parksville, Port Alberni, Qualicum Beach  
Ucluelet**

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**Recovery Ball**

Every Sunday 2-4 pm Bowen Park West Field - Nanaimo

## Upcoming NA Cake Dates

Date	Name	Years	Meeting
June 15	CJ W	10	Never Alone - Nanaimo
June 16	Anna	1	Reach out and Recover - Nanaimo
June 18	Brandy W	20	Time to Shine - Nanaimo
June 19	Uma S	2	No Matter What - Nanaimo
June 20	Laura S	17	Power of Our Literature - Nanaimo
June 21	Kenny R	5	New Beginnings - Nanaimo
June 22	Jack N	2	Save Our Serenity - Nanaimo
June 23	Peggy L	1	No Matter What - Nanaimo
June 23	Kathryn W	3	Reach out and Recover - Nanaimo
June 27	Sky T	16	Power of Our Literature - Nanaimo
June 29	Todd W	29	Never Alone - Nanaimo
July 1	Natane P	4	We Can Wednesday - Nanaimo
July 2	Mikayla D	6	Land of the Living - Nainaimo
July 15	Ryan H	9	We Can Wednesday - Nanaimo
July 21	Tiana M	6	Reach out and Recover - Nanaimo
July 29	Cameron P	5	We Can Wednesday - Nanaimo
August 6	Rebecca C	7	SeaSide Serenity - Parksville

*Our message is hope, and our promise is.....*



*from active addiction !!*

# News and Announcements

## Summer Gathering Potluck

Sunday June 21 5:30pm Albert Street Hall  
596 Albert Street - Nanoimo  
*hosted by New Beginnings / All are welcome !!*

## Annual BBQ

Sunday July 19 11 - 3  
Transfer Beach Ladysmith  
*hosted by Steps and Traditions*

## Parksville BBQ

Saturday July 25 12 - 4  
186 Shelley Road - Parksville  
*hosted by Lost and Found & Seaside Serenity*

## Gratitude Walk Ucluelet

Saturday August 29 11am  
Meet at 2nd parking lot - Wickaninnish Beach  
Salmon BBQ & Potluck Meal  
Bring your favourite side or dessert  
*hosted by Safe Harbour Ucluelet*

# Service Central

Group Service Representative Meeting 9:30 am  
Area Service Committee Meeting 10 am - 12 Noon

Rotary Field House 850 Third Street Nanaimo  
( *second Sunday of the month* )

**Next Meeting Sunday July 12, 2026**

## Your CVIANA Service Committee

Facilitator Alison A	<a href="mailto:facilitator@cviana.ca">facilitator@cviana.ca</a>
Co-Facilitator Open	
Secretary Tammy G	<a href="mailto:secretary@cviana.ca">secretary@cviana.ca</a>
Alt. Secretary Johann H	
Treasurer Amber K	<a href="mailto:treasurer@cviana.ca">treasurer@cviana.ca</a>
Alt. Treasurer Open	
Communications Open	<a href="mailto:communications@cviana.ca">communications@cviana.ca</a>
RCM Andrea T	<a href="mailto:rcm@cviana.ca">rcm@cviana.ca</a>
Alt RCM Open	
Activities Open	<a href="mailto:activities@cviana.ca">activities@cviana.ca</a>
Literature Jade F	<a href="mailto:literature@cviana.ca">literature@cviana.ca</a>
Newsletter Bob B	<a href="mailto:newsletter@cviana.ca">newsletter@cviana.ca</a>
Public Relations Open	<a href="mailto:publicrelations@cviana.ca">publicrelations@cviana.ca</a>
Service Guidelines Sarah W	<a href="mailto:serviceguidelines@cviana.ca">serviceguidelines@cviana.ca</a>
Jail Panels Amber K	<a href="mailto:carrythemessagenanaimo@gmail.com">carrythemessagenanaimo@gmail.com</a>

**Literature Orders** should be submitted on the Wednesday before the Area Service Meeting to > [literature@cviana.ca](mailto:literature@cviana.ca)  
Please include name of items, how many, payment type ( *cash , cheque , e-transfer* )  
Pick Up orders at the Monthly Area Meeting  
*or on Mondays at Never Alone*

**Meeting List** changes to Sean O [meetinglist@cviana.ca](mailto:meetinglist@cviana.ca)

**Newsletter** announcements & cake dates to [newsletter@cviana.ca](mailto:newsletter@cviana.ca)

**Public Relations** meets on the 1st Wednesday of the month  
5:30 pm Albert Street Hall - 596 Albert Street - Nanaimo

**Activities** meets on Saturday before Area  
10am Upstairs at Quality Foods Harewood - Nanaimo