



Central Vancouver Island Area of
Narcotics Anonymous

September 2026 Issue #88

The Narrative



*Now we know that the time has come when that tired old lie,
"Once an addict, always an addict,"
will no longer be tolerated by either society or addicts themselves.
We do recover.*

*Chemainus, Gabriola Island, Ladysmith, Nanaimo,
Parksville, Port Alberni, Qualicum Beach
Ucluelet*

Upcoming NA Cake Dates

Date	Name	Years	Meeting
September 15	Aaron J	1	Lost & Found - Parksville
September 19	Jay G	2	Just for Today - Nanaimo
September 25	Theresa H	6	Visions of Hope - Port Alberni
September 28	Nick W	1	Never Alone - Nanaimo
October 2	Kyle P	6	Visions of Hope - Port Alberni
October 4	Kiana M	1	New Beginnings - Nanaimo
October 5	Margaret A	2	Visions of Hope - Port Alberni
October 7	Auntie Lorraine	1	Welcome Home Wednesday - Qualicum Beach
October 11	Matthew H	1	New Beginnings - Nanaimo
October 14	Tammie G	3	Welcome Home Wednesday - Qualicum Beach
October 14	Jen L	7	Visions of Hope - Port Alberni
October 17	John M	7	Steps to Serenity - Nanaimo
October 21	Glen H	2	Welcome Home Wednesday - Qualicum Beach
October 22	Kevin K	14	Seaside Serenity - Parksville
October 25	Laci S	6	New Beginnings - Nanaimo
October 28	Lysa M	2	Welcome Home Wednesday - Qualicum Beach
November 3	Emerald S	5	Reach Out and Recover - Nanaimo
November 5	Liz	2	Seaside Serenity - Parksville

Red Road to Recovery

before meeting smudge at 6:30 on Wednesday's

We gather in the parking lot across from the meeting room at 669 Centre Street.

News and Announcements

North Okanagan Convention of NA

October 2 - 4 2026

Vernon BC

FMI www.northokanaganna.org/nocna-25

South Vancouver Island Convention of NA

September 24 - 26 2027

Victoria BC

FMI victoriaconventionreg@gmail.com
<https://svina.ca/>



All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups. Upon this common ground we stand committed.

Our vision is that one day:

- ⊠ Every addict in the world has the chance to experience our message in their own language and culture and find the opportunity for a new way of life;
- ⊠ Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- ⊠ NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- ⊠ Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

Honesty, trust, and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.



Service Central

Group Service Representative Meeting 9:30 am
Area Service Committee Meeting 10 am - 12 Noon

Rotary Field House 850 Third Street Nanaimo
(*second Sunday of the month*)

Next Meeting Sunday October 11, 2026

Your CVIANA Service Committee

Facilitator Alison A	facilitator@cviana.ca
Co-Facilitator Kathryn W	altfacilitator@cviana.ca
Secretary Tammie G	secretary@cviana.ca
Alt. Secretary Open	
Treasurer Amber K	treasurer@cviana.ca
Alt. Treasurer Jackie	
Communications Open	communications@cviana.ca
RCM Andrea T	rcm@cviana.ca
Alt RCM Morgan	
Activities Tori D	activities@cviana.ca
Literature Jade F	literature@cviana.ca
Newsletter Bob B	newsletter@cviana.ca
Public Relations Open	publicrelations@cviana.ca
Service Guidelines Sarah W	serviceguidelines@cviana.ca
Jail Panels Amber K	carrythemessagenanaimo@gmail.com

Literature Orders should be submitted on the Wednesday before the Area Service Meeting to > literature@cviana.ca
Please include name of items, how many, payment type (*cash , cheque , e-transfer*)
Pick Up orders at the Monthly Area Meeting
or on Mondays at Never Alone

Meeting List changes to Sean O meetinglist@cviana.ca

Newsletter announcements & cake dates to newsletter@cviana.ca

Public Relations meets on the 1st Wednesday of the month
5:30 pm Albert Street Hall - 596 Albert Street - Nanaimo
Activities meets on Saturday before Area
10am Upstairs at Quality Foods Harewood - Nanaimo