



## NANAIMO

### **MONDAY & THURS, NOONER**

Save Our Serenity  
2174 Departure Bay Rd  
\* **Wheelchair Accessible**

### **MONDAY @ 730PM**

Never Alone  
850 Third Street  
\***Wheelchair Accessible**

### **TUES, WED, FRI, NOONER**

No Matter What  
596 Albert Street

### **TUESDAY @ 7PM**

Just Do It!  
2174 Departure Bay Rd  
\***Wheelchair Accessible**

### **TUESDAY @ 7PM**

Reach Out And Recover  
Womxn's Meeting (non-men only)  
596 Albert Street

### **WEDNESDAY @ 7PM**

Red Road to Recovery  
669 Centre Street  
(In the Portable)

### **WEDNESDAY @ 7PM**

We Can Wednesday  
2174 Departure Bay Road  
\***Wheelchair Accessible**

### **THURSDAY @ 6PM**

Land of the Living  
29 Church Street - **Wheelchair Accessible**

### **THURSDAY @ 7PM**

Time to Shine  
315 Fitzwilliam Street - \***Wheelchair Accessible**  
\***Pet Friendly – On leash or in Carrier**

### **FRIDAY @ 6:30PM**

Living Out Loud  
Open LGBTQIA2S+ Meeting  
596 Albert Street

## NANAIMO

### **FRIDAY @ 7:30PM**

Freedom Friday  
850 Third Street - \***Wheelchair Accessible**

### **SATURDAY @ 815 – 930AM**

Power Of Our Literature  
Women's Literature Meeting  
596 Albert Street

### **SATURDAY @ 7:30PM**

Steps to Serenity  
2174 Departure Bay Rd  
\***Wheelchair Accessible**

### **SATURDAY, SUNDAY NOONER**

Just for Today  
596 Albert Street

### **SUNDAY @ 8AM**

Men's Step Study  
#206 – 321 Wallace Street

### **SUNDAY @ 7 PM – 815PM**

New Beginnings  
596 Albert Street

## CHEMAINUS

### **TUESDAY @ 7PM**

Responsible Choice  
9814 Willow Street (church, side door)  
\***Wheelchair accessible**

## LADYSMITH

### **SUNDAY @ 7PM**

Steps & Traditions  
1149 Fourth Street (church)  
\***Wheelchair Accessible**

### **THURSDAY @ 7-8 PM**

Living Clean  
4962 Christie Road (Community Hall)

## GABRIOLA ISLAND

### **MONDAY @7PM**

My Sponsor Said So  
Rotating Format  
775 Church Street

## QUALICUM BEACH

### **WEDNESDAY @ 6 PM**

Welcome Home Wednesday  
138 Hoylake Road W

### **SATURDAY @ 6 PM**

Bugaboo Meeting  
600 Beach Road  
\***Wheelchair Accessible**

## PARKSVILLE

### **MONDAY @ 7:30 PM**

Alive & Well  
1420 Alberni Highway (church)

### **TUESDAY @ 7 PM – 815PM**

Lost & Found  
186 Shelly Road  
**Wheelchair Accessible**

### **THURSDAY @ 7 PM**

Seaside Serenity  
186 Shelly Road  
\***Wheelchair Accessible**

## PORT ALBERNI

### **MONDAYS, WEDNESDAYS, FRIDAYS @ 7PM**

Visions of Hope  
3028 2<sup>nd</sup> Avenue (club)  
\***Wheelchair Accessible**  
\* **Pet Friendly (Fridays only)**

### **SATURDAY @ 730 PM – 9PM**

Surrender or Suffer (S.OS.)  
3028 2<sup>nd</sup> Avenue (club)  
\***Wheelchair Accessible**

## UCLUELET

### **TUESDAY, FRIDAY @ 8PM**

Safe Harbour  
1663 Peninsula Road, Ucluelet  
Church Basement