

Central Vancouver Island Area of Narcotics Anonymous

October 2026 Issue #89

The Narrative



*It is a loving act to let others love us.
Living Clean Pg. 119*

*Chemainus, Gabriola Island, Ladysmith, Nanaimo,
Parksville, Port Alberni, Qualicum Beach
Ucluelet*

Upcoming NA Cake Dates

Date	Name	Years	Meeting
October 11	Matthew H	1	New Beginnings - Nanaimo
October 14	Tammie G	3	Welcome Home Wednesday - Qualicum Beach
October 14	Jen L	7	Visions of Hope - Port Alberni
October 17	John M	7	Steps to Serenity - Nanaimo
October 19	Chelsa N & Hannah P	6 4	Never Alone- Nanaimo
October 21	Glen H	2	Welcome Home Wednesday - Qualicum Beach
October 22	Kevin K	14	Seaside Serenity - Parksville
October 23	Lucas M	1	No Matter What- Nanaimo
October 25	Laci S	6	New Beginnings - Nanaimo
October 28	Lysa M	2	Welcome Home Wednesday - Qualicum Beach
October 30	Brett J	14	Freedom Friday- Nanaimo
October 30	Shannon D	4	No Matter What- Nanaimo
November 3	Mike C	33	Alive and Well- Parksville
November 3	Emerald S	5	Reach Out and Recover - Nanaimo
November 5	Liz	2	Seaside Serenity - Parksville
November 6	Tori D	4	No Matter What-Nanaimo
November 6	Steph P	1	Freedom Friday-Nanaimo
November 10	Sarah C	26	Just Do It- Nanaimo
November 20	Lo N	1	Freedom Friday- Nanaimo
November 28	Daemon B	19	Steps to Serenity- Nanaimo
November 28	Joe	37	Bugaboo Group- Qualicum Beach
December 5	Andre	33	Bugaboo Group- Qualicum Beach
December 19	Michelle	1	Bugaboo Group- Qualicum Beach

News and Announcements

New Meetings

Hope at New Hope
19 Nicol Street, Nanaimo
Wednesday @ 6:30PM

Nanaimo Niner
206-321 Wallace Street, Nanaimo
Zoom ID:875 9488 4577
Passcode:909605
Mon-Sat 9:00pm

Upcoming Events



NA Halloween Party

Get ready for a night of spooky vibes, great music, and unforgettable memories!

Costume contest, DJ & Dance Floor, Fun prizes!

Oct 31 7pm-12am @Albert Street Hall

\$25 @ Door

Includes slice of pizza & pop

**Why cant addicts dress up like ghosts for halloween?
Because they can't handle their boos!**

Service Central

Group Service Representative Meeting 9:30 am
Area Service Committee Meeting 10 am - 12 Noon

Rotary Field House 850 Third Street Nanaimo
(*second Sunday of the month*)

Next Meeting Sunday October 11, 2026

Your CVIANA Service Committee

Facilitator Alison A	facilitator@cviana.ca
Co-Facilitator Kathryn W	altfacilitator@cviana.ca
Secretary Tammie G	secretary@cviana.ca
Alt. Secretary Open	
Treasurer Amber K	treasurer@cviana.ca
Alt. Treasurer Jackie	
Communications Open	communications@cviana.ca
RCM Andrea T	rcm@cviana.ca
Alt RCM Morgan	
Activities Tori D	activities@cviana.ca
Literature Jade F	literature@cviana.ca
Newsletter Nick W	newsletter@cviana.ca
Public Relations Open	publicrelations@cviana.ca
Service Guidelines Sarah W	serviceguidelines@cviana.ca
Jail Panels Amber K	carrythemessagenanaimo@gmail.com

Literature Orders should be submitted on the Wednesday before the Area Service Meeting to > literature@cviana.ca

Please include name of items, how many, payment type (*cash* , *cheque* , *e-transfer*)

Pick Up orders at the Monthly Area Meeting
or on Mondays at Never Alone

Meeting List changes to Sean O meetinglist@cviana.ca

Newsletter announcements & cake dates to newsletter@cviana.ca

Public Relations meets on the 1st Wednesday of the month

5:30 pm Albert Street Hall - 596 Albert Street - Nanaimo

Activities meets on Saturday before Area

10am Upstairs at Quality Foods Harewood - Nanaimo

