



Central Vancouver Island Area of
Narcotics Anonymous

The Narrative

August 2026 Issue #87



*Chemainus, Gabriola Island, Ladysmith, Nanaimo,
Parksville, Port Alberni, Qualicum Beach
Ucluelet*

Sub-Committee Elections !!

Rotary Field House 850 Third Street Nanaimo Sunday September 13 @ 10 am

Upcoming NA Cake Dates

Date	Name	Years	Meeting
August 14	Leslie E	2	No Matter What - Nanaimo
August 15	Joelle D	1	Power of Our Literature - Nanaimo
August 18	Hayley U	2	Lost & Found - Parksville
August 19	Colten M	2	We Can Wednesday - Nanaimo
August 19	Jacob M	1	No Matter What - Nanaimo
August 22	Steph P	1	Power of Our Literature - Nanaimo
August 23	Mikayla	1	Just for Today Nooner - Nanaimo
August 25	Curtis A	1	Just Do It - Nanaimo
August 28	Zach D	1	Freedom Friday - Nanaimo
August 29	Gabi T	3	Power of Our Literature - Nanaimo
September 1	Lily A	1	Reach Out and Recover - Nanaimo
September 1	Dana B	32	Tuesday Just Do It - Nanaimo
September 8	Grant C	1	Just Do It - Nanaimo
September 28	Nick W	1	Never Alone - Nanaimo
October 4	Kiana M	1	New Beginnings - Nanaimo

Red Road to Recovery

before meeting smudge at 6:30

We gather in the parking lot across from the meeting room at 669 Centre Street.

News and Announcements

Gratitude Walk Ucluelet

Saturday August 29 11am

Meet at 2nd parking lot - Wickaninnish Beach

Salmon BBQ & Potluck Meal

Bring your favourite side or dessert

hosted by Safe Harbour Ucluelet

RSVP on the CVINA Facebook Page Post dated Aug 1st

Summer Beach Party

August 17 4 - 6 pm

Gabriola NA - BBQ & Meeting

Gather at the ferry @ 2:30 pm

\$15 (includes return) Walk On Ferry Cost

Lake Cowichan River Float

August 22 - Meet at the Tube Shack

\$25 for Tube & Bus - \$10 if you bring your own Tube

1st Annual NA Slo-Pitch Tournament

August 30 - 11am - 5pm Bowen West Park

4 Teams \$100 per Team

For team sign up text 250 616 0669

Last Chance Campout 2026

September 11 - 13 Sayward BC

FMI - Contact Bonnie - thebon57@shaw.ca

Service Central

Group Service Representative Meeting 9:30 am
Area Service Committee Meeting 10 am - 12 Noon

Rotary Field House 850 Third Street Nanaimo
(*second Sunday of the month*)

Next Meeting Sunday September 13, 2026

Your CVIANA Service Committee

Facilitator Alison A	facilitator@cviana.ca
Co-Facilitator Katherine	
Secretary Tammy G	secretary@cviana.ca
Alt. Secretary Open	
Treasurer Amber K	treasurer@cviana.ca
Alt. Treasurer Open	
Communications Open	communications@cviana.ca
RCM Andrea T	rcm@cviana.ca
Alt RCM Open	
Activities Tori D	activities@cviana.ca
Literature Jade F	literature@cviana.ca
Newsletter Bob B	newsletter@cviana.ca
Public Relations Open	publicrelations@cviana.ca
Service Guidelines Sarah W	serviceguidelines@cviana.ca
Jail Panels Amber K	carrythemessagenanaimo@gmail.com

Literature Orders should be submitted on the Wednesday before the Area Service Meeting to > literature@cviana.ca
Please include name of items, how many, payment type (*cash , cheque , e-transfer*)
Pick Up orders at the Monthly Area Meeting
or on Mondays at Never Alone

Meeting List changes to Sean O meetinglist@cviana.ca

Newsletter announcements & cake dates to newsletter@cviana.ca

Public Relations meets on the 1st Wednesday of the month
5:30 pm Albert Street Hall - 596 Albert Street - Nanaimo
Activities meets on Saturday before Area
10am Upstairs at Quality Foods Harewood - Nanaimo