



**Narcotics Anonymous**

Central Vancouver Island Area  
*Ladysmith, Nanaimo, Parksville,  
Port Alberni & Qualicum*

24/7 Help Line 1.800.494.2404

To be added to the CVIANA meeting list (printed & virtual), the CVIANA website, and the CVIANA Facebook Group, please make sure that you complete the following checklist:

- Have you already held meetings for 4 consecutive weeks (ie: been meeting for approximately 1 month)?
- Does your group officially recognize and represent the 12 Steps and 12 Traditions of Narcotics Anonymous?

If you have answered “YES” to all the above questions, please send all of your meeting details to the CVIANA Communications Coordinator at [communications@cviana.ca](mailto:communications@cviana.ca)

- Name of meeting
- Days and times of meeting
- Address of meeting (postal)
- Indoor/Outdoor?
- Zoom Credentials (if applicable)
- Type of meeting - open/closed, women/men, etc.
- Wheelchair accessible?

Additional information on establishing groups is available below:

[A Guide to Local Services, page 25-44:](#)

[The Group Booklet](#)