

**VIA SERVICE CORNER**

Contributions to our Area accepted by  
e-transfer: [treasurer@cviana.ca](mailto:treasurer@cviana.ca)

All Meetings Below Are Held:  
**Currently Via Zoom**

GSR: Group Service Representative  
2<sup>nd</sup> Sunday each month @ 9:30am

ASC: Area Service Committee  
2<sup>nd</sup> Sunday each month @ 10am

Public Relations  
**Currently meeting on a per-need basis**

Carry the Message Meetings:  
Detox: *(6 months clean)*  
Treatment Centre: *(6 months clean)*  
Jails: *(requires clearance)*  
Phone Line: *(2 years clean)*  
Schools: *(1 year clean)*  
Contact PR for any of the above:  
[publicrelations@cviana.ca](mailto:publicrelations@cviana.ca)

Literature Orders: [literature@cviana.ca](mailto:literature@cviana.ca)

Newsletter Submissions  
**Currently on hold**

Changes to the **meeting list?**  
Email [webcoordinator@cviana.ca](mailto:webcoordinator@cviana.ca)

NA Language  
NA Members = Recovering Addicts  
Abstinence = Clean  
Tags and Anniversaries = Clean time  
Start using again = Relapse  
Clean time + NA basics = Recovery

Get Clean & Stay Clean!  
*The NA Way!*

PHONE NUMBERS

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Central Vancouver Island Area  
*Ladysmith, Nanaimo, Parksville,  
Port Alberni & Errington*  
[www.cviana.ca](http://www.cviana.ca)



Narcotics Anonymous  
[www.na.org](http://www.na.org)

**2021**  
**MEETING LIST**

**HELP LINE**  
**1.800.494.2404**

**JUST FOR TODAY:**  
*You never have to use again!*

## NANAIMO

### **MONDAY @ 7PM and 8:30PM**

Steps to Recovery /  
Meeting after the Meeting  
285 Prideaux Street

### **TUESDAY @ 7PM**

Just Do It!  
2371 Arbot Road (hall)

### **WEDNESDAY @ 7PM**

We Can!  
285 Prideaux Street

### **WEDNESDAY @ 7:30PM (Zoom)**

No Bitchin' More Steppin'  
Meeting ID: 854 1525 0783 PW: 813074

### **THURSDAY @ 12PM (Zoom)**

Save Our Serenity  
Meeting ID: 851 660 1028 PW: Nooner

### **THURSDAY @ 7PM**

Time to Shine  
1270 Strathmore Street (school parking lot)

### **FRIDAY @ 7PM**

Freedom Friday  
740 Howard Avenue (park)

### **SATURDAY @ 12PM (Zoom)**

Save Our Serenity  
Meeting ID: 851 660 1028 PW: Nooner

### **SATURDAY @ 8PM**

Strength in Numbers  
285 Prideaux Street (club)

### **SUNDAY @ 8:30AM**

Men's Meeting  
285 Prideaux Street (club)

### **SUNDAY @ 6pm and 7:30PM (Hybrid)**

New Beginnings  
2371 Arbot Road (hall)  
Meeting ID: 951 6882 1263 PW: 565745

## **The Twelve Steps of NA**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practise these principles in all our affairs.

## ERRINGTON

### **SATURDAY @ 6PM**

Basic Text Meeting  
1390 Errington Road (hall)

## LADYSMITH

### **SUNDAY @ 7PM**

Steps & Traditions  
1149 Fourth Street (church)

### **THURSDAY @ 7PM**

Living Clean  
1149 Fourth Street (church)

## PARKSVILLE

### **MONDAY @ 7:30PM**

Alive & Well  
1420 Alberni Highway (church)

### **TUESDAY @ 7:30PM**

Lost & Found (closed meeting)  
186 Shelly Road

### **THURSDAY @ 7PM**

Seaside Serenity  
550 Pym Street (side building)

## PORT ALBERNI

### **MONDAYS, WEDNESDAYS, FRIDAYS @ 7PM**

Visions of Hope  
3028 2<sup>nd</sup> Avenue (club)

### **SATURDAY @ 7:30PM**

Visions of Hope  
3028 2<sup>nd</sup> Avenue (club)



All meetings are currently accessible.